



DR MONIQUE BEEDLES

Coaching Programs

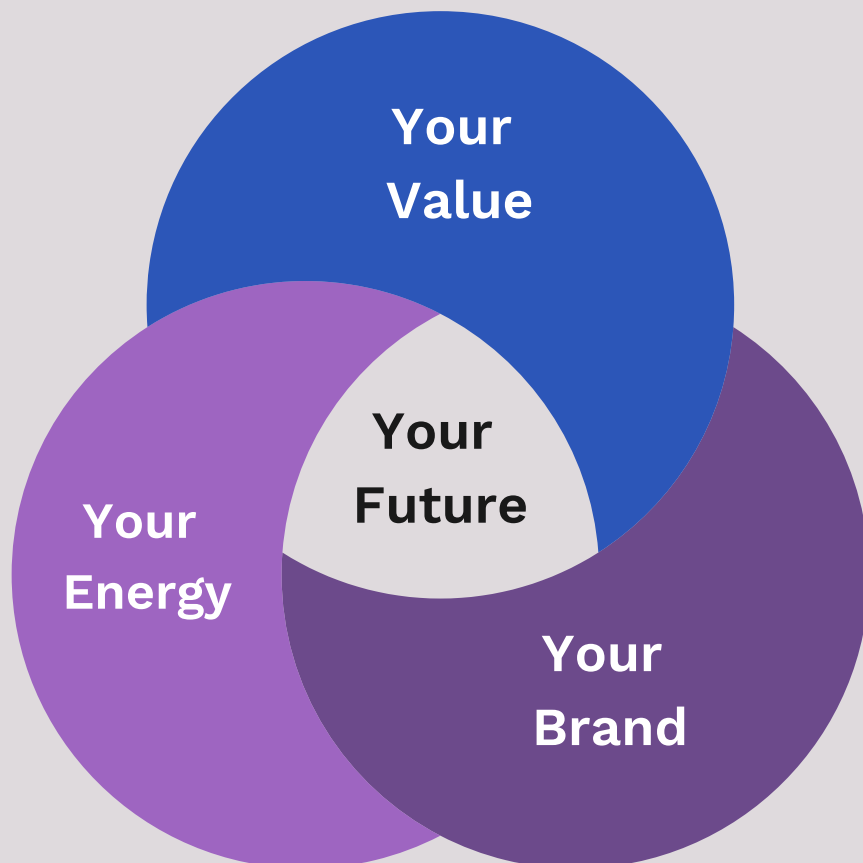
BOARD COACHING

Program Outcomes

Dr Monique Beedles provides one-on-one coaching for aspiring and established board directors looking to take the next step in their careers. This private coaching focuses on developing your leadership capability and board brand within the context of your own career goals and ambitions.

These goals could include: taking on your first board role, building your paid board portfolio, or stepping into a Chair role.

Working one-on-one with Monique, you will learn to articulate your value as a director, develop their personal board brand, increase your influence, and boost your energy in the boardroom.



BOARD

Boost

Program Experience

01

YOUR GOALS

Set yourself up for success by defining your goals for this program.

02

YOUR VALUE

Recognise and articulate the value you bring to the board table.

03

YOUR BRAND

Be seen for your capabilities by establishing and expanding your board brand.

04

YOUR ENERGY

Maintain and boost your personal energy to face the challenges of the boardroom.

05

YOUR FUTURE

Map your future direction in line with your personal and career goals.

The Board Boost program is run as five sessions over 12 weeks. This provides enough time for a significant impact, without being an onerous time commitment.

In between sessions, you will work on projects and activities to embed your learning and make visible progress towards your goals.

Working one-on-one with Monique, the program is tailored to your individual goals as you develop:

- Clarity on you own goals for your board career;
- Insight into your strengths and capabilities to highlight the value you offer to board;
- Techniques to amplify your positioning and board brand;
- A suite of practices to support your energy through the challenges of a board career;
- Resource, tools, and a plan to achieve your career goals.



BOARD *Brilliance*

1. GOALS

Define your goals for the program and set yourself up for success.



2. VALUE

Recognise your value and what sets you apart.



3. RESPECT

Gain respect for your capabilities and contribution.



4. POSITIONING

Raise your profile and be seen for who you truly are.



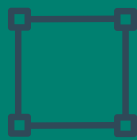
5. INFLUENCE

Improve your powers of persuasion with stakeholders.



6. BOUNDARIES

Protect your position and your energy over the long term.



7. ENERGY

Boost your energy to perform to your potential.



8. FUTURE

Set your course and chart your next steps.



Program Experience

The Board Brilliance Program is delivered in 8 sessions over 6 months. This extended program provides a prolonged period of focus to set you up for continued success.

As a one-on-one coaching program, these sessions are tailored to suit your goals, delivered at a time that suits you.

In between sessions, a suite of resources, tools and guided activities helps you to cement the learning from the program and keep you on track to your desired outcomes.

This program is for those leaders who are dedicated to boards as a significant part of their future career.



BACKGROUND & EXPERIENCE

Dr Monique Beedles is a seasoned company director, with more than 23 years of experience as a board director and chairman, and as an advisor to boards and senior management across the commercial, government and not-for-profit sectors.

Monique is an experienced coach and mentor for senior executives, business owners and board directors. Working with Monique, her clients experience a shift-change in performance, clarity on their purpose and goals, and renewed energy for the road ahead.

Monique is a bestselling author of books on strategy, leadership and innovation, including *Asset Management for Directors*, published by the Australian Institute of Company Directors in late 2016 and her most recent book, *Leadership Assets*, focussed on whole-of-life career development.

Monique is a Fellow of the Australian Institute of Company Directors and a graduate of their Company Directors Course and Chairman's Course. Monique has been a member of the AICD Faculty for more than 12 years and facilitates their programs on Governance, Strategy, Risk and Entrepreneurship.

Monique holds a PhD in Corporate Strategy from QUT Business School and a Master of Finance from Griffith University. As a winner of the St George Bank FEW Harvard International Scholarship, Monique attended an Executive Education program at the Harvard Business School in 2012.

Monique provides coaching and mentoring for private clients and through selected programs including Women on Boards, the QUT Executive MBA program, Fostering Executive Women - an alumni program of the QUT Business School and the Women in Technology Board Readiness program.

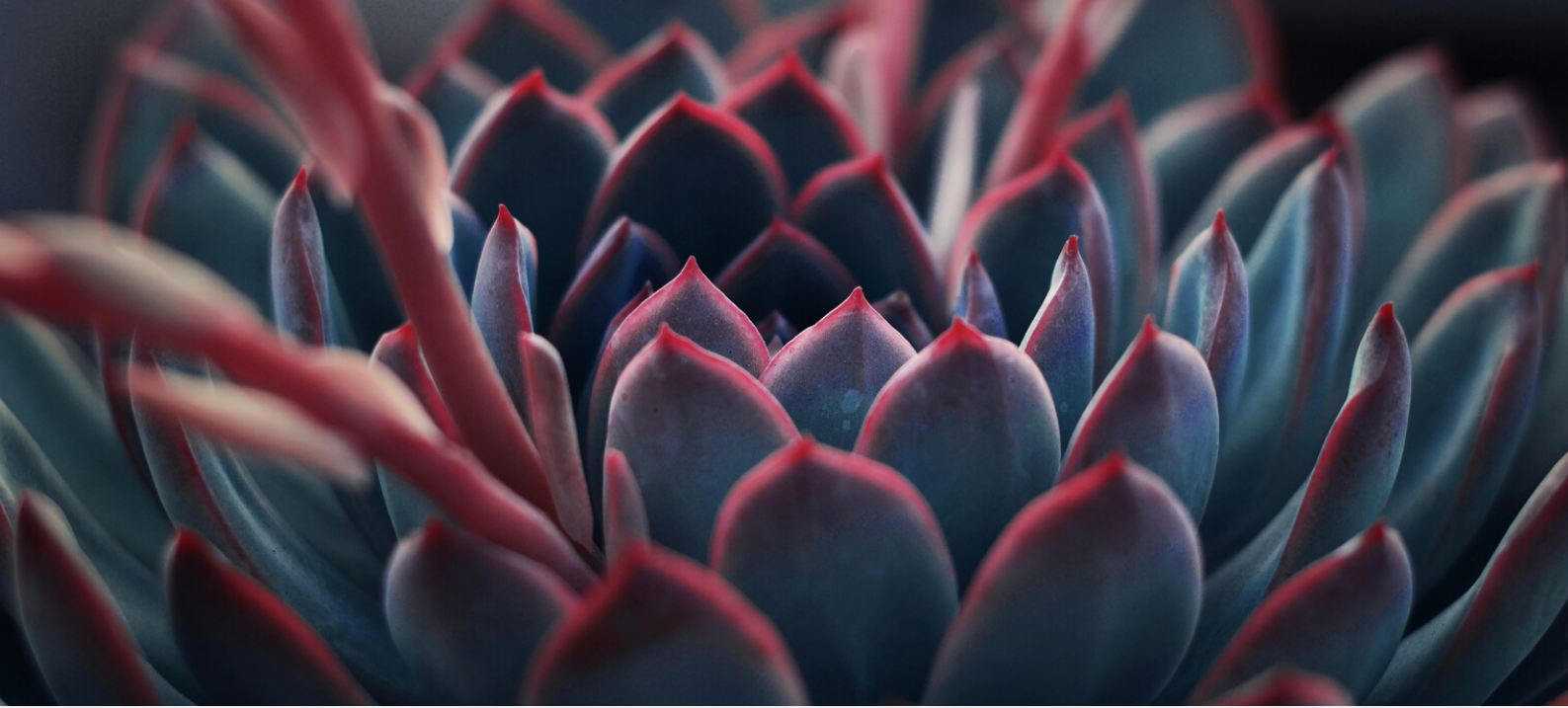


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NEXT STEPS

When you're ready to commence



COMMITMENT

Board Boost:
5 sessions over 12 weeks

Board Brilliance:
8 sessions over 6 months

Sessions will be scheduled in advance in line with the program you've chosen.

It's important that you commit time between sessions to work on development activities, which may include further reading (written/video/audio), exercises to work through, and other tasks to complete.

INVESTMENT

Board Boost:
\$6,000

Board Brilliance:
\$10,000

Full payment is required prior to commencement of the program.

Prices are inclusive of GST.

Scheduling and invoicing is handled by Monique's Operations Manager, Nicole Elliott who can be contacted via email: nicole@teakyew.com



DR MONIQUE BEEDLES

CONTACT FOR FURTHER ENQUIRIES

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