



Coaching Programs

BUSINESS COACHING

Program Experience

Dr Monique Beedles provides one-on-one coaching for business owners looking to grow and improve their businesses, in line with their values and lifestyle goals. As a successful business owner for more than 20 years, Monique understand the challenges and rewards.

This private coaching focuses on developing your leadership capability and developing your business systems and practices as you grow and scale.

This personalised one-on-one approach ensures your individual needs are met, at a pace that you're comfortable with, always keeping your values and goals in mind.

Working one-on-one with Monique, you will develop:

- Clarity on your leadership role as a business owner;
- A focus on the capabilities needed to improve and grow your business; A suite of practices to enhance the performance of your business; Clearly defined business goals;
- A plan and ongoing support to achieve these goals.

Business Coaching programs are delivered in two sessions each month with the business owner. The first session is 90 minutes, held in the first week of the month, followed by a 45 minute follow-up session in the third week of the month. In between these sessions, you have access to Monique via email or phone for urgent support.

When it's your business, it's also your life.

Dr Monique Beedles



DR MONIQUE BEEDLES



BACKGROUND & EXPERIENCE

Dr Monique Beedles has been running her successful business advisory practice since 2004. Monique is an experienced coach and mentor for senior executives, business owners and board directors.

As a seasoned company director, with more than 22 years of experience as a board director and chairman, Monique has served as an advisor to boards and senior management across the commercial, government and not-for-profit sectors.

Monique is a Fellow of the Australian Institute of Company Directors and a graduate of their Company Directors Course and Chairman's Course. Monique has been a member of the AICD Faculty for more than 10 years and facilitates their programs on Governance, Strategy, Risk and Entrepreneurship.

Monique is a bestselling author of books including Asset Management for Directors, published by the Australian Institute of Company Directors in late 2016 and her most recent book, Leadership Assets, focussed on whole-of-life career development.

Monique holds a PhD in Corporate Strategy from QUT Business School and a Master of Finance from Griffith University. As a winner of the St George Bank FEW Harvard International Scholarship, Monique attended an Executive Education program at the Harvard Business School in 2012.

As well as her private clients, Monique provides mentoring through selected programs including Women on Boards, the QUT Executive MBA program, Fostering Executive Women - an alumni program of the QUT Business School and the Women in Technology Board Readiness program.



NEXT STEPS

When you're ready to commence



COMMITMENT

Business Coaching: Fortnightly sessions over 6 months

Business Coaching: Fortnightly sessions over 12 months

Sessions will be scheduled in advance in line with the program you've chosen.

It's important that you commit time between sessions to work on development activities, which may include further reading (written/video/audio), exercises to work through, and other tasks to complete.

INVESTMENT

6 month program: \$15,000 + GST

Paid in two instalments, prior to commencement and at 4 months.

12 month program: \$24,000 + GST

Invoiced in 12 monthly payments of \$2000 + GST

Scheduling and invoicing is handled by Monique's Operations Manager, Nicole Elliott who can be contacted via email: nicole@teakyew.com



CONTACT FOR FURTHER ENQUIRIES

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